

smile and we smile with you

✉ 57 Crown Road,
Twickenham
Middlesex,
TW1 3EJ

✉ claremont.dental@virgin.net

🌐 www.claremontdentalpractice.co.uk

☎ 020 8892 4000



claremont dental practice

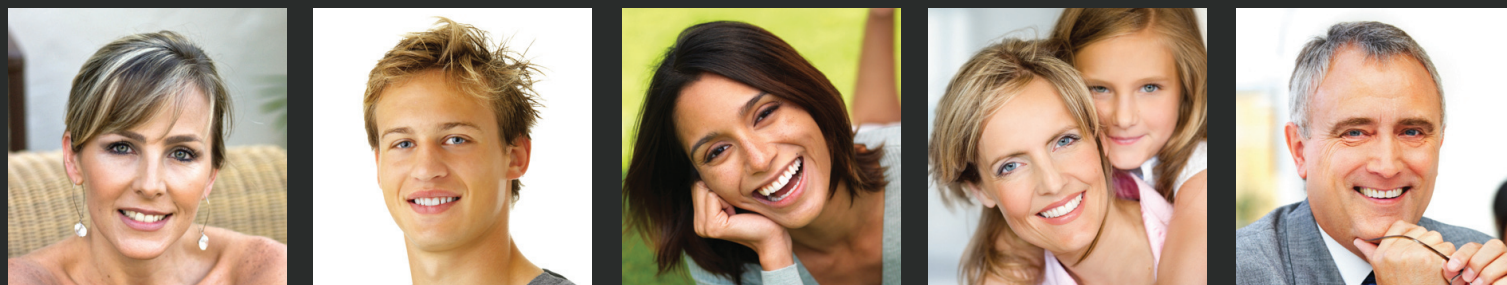
smile and we smile with you

smile and we smile with you



We have been established since 1981 and our aim has always been to provide the highest standard of care for our patients. We offer a wide range of treatments, from family dental care, to state of the art cosmetic treatments. In order to maintain our renowned quality, we only use the most proven, modern materials on the market today. In addition we only work with UK based dental laboratories which maintain excellent levels of service and produce work which meets our strict criteria.

We aim to provide a friendly, comfortable, calm and clean environment for our patients, be it your first or one hundredth visit with us!



cosmetic treatments

At Claremont Dental Practice we offer all types of cosmetic treatments and enhancements. One of the most important aspects when meeting people for the first time is a person's smile and at our practice we take great pride in offering modern, proven treatments which can create a stunning smile, be it for an upcoming special occasion, or just a treat for yourself.

Tooth Whitening

'4 out of 5 people are unhappy with the colour of their teeth'

Teeth Whitening has increasingly become a very popular treatment. White teeth project a sharp, clean and youthful image and are a strong statement of social status and confidence.

It is a great anti-ageing treatment, and you can expect to increase the whiteness of your teeth by up to 8 shades, while giving the impression of looking up to 8 years younger (another reason to smile).

Veneers

Dental veneers have long been used to create dazzling smiles and are the treatment of choice for hiding irregularities in front teeth to achieve an even, white and clean look to your smile.

They can be made of either porcelain or white filling material called composite and are accurately matched to the colour of your teeth so they will look not only highly aesthetic but also completely natural. Your dentist will advise you on which type would be best suited for you.

White fillings

Most people have fillings of one sort or another in their mouths. White fillings are now the most popular choice for most of our patients. They can look extremely natural, so much so that no-one will ever notice that you have them! Replacing your existing silver (amalgam) fillings couldn't be easier and can be an easy way of instantly improving the appearance of your teeth.

Here at Claremont Dental Practice we only use the highest grade of white filling material, ensuring high quality aesthetic results.

Crowns

Porcelain crowns or 'caps' are often used to mask up large fillings and irregularities, or to simply strengthen weak or broken teeth. We use the latest technology and materials to ensure an excellent aesthetic result. Old crowns can look discoloured and tired over the years and are very simple to replace with new ones and, the materials used in these new types of crowns are so aesthetic they are extremely close to the appearance of enamel which in the past has been very difficult to simulate.

Invisalign

Invisalign is an innovative system comprising of virtually invisible braces which allow you to shift crowded or crooked teeth into a more straight, aesthetic position. These 'aligners' are custom made to fit your teeth and are removable, allowing you to eat, brush and floss. There are no metal wires or bands which may irritate your mouth and look unsightly.

Facial Rejuvenation

Over time we all develop unsightly wrinkles and lines which can now easily be reduced and prevented using our proven Facial Treatments. This can drastically wipe the years off and improve confidence and self esteem no-end. Please feel free to consult our dentists about this innovative treatment.



general and preventive treatments

As well as more advanced cosmetic procedures, we also offer general day to day treatments, ensuring that you never need to go anywhere else for your family's dental care.

Root Canal Treatment

Root canal treatment (also called endodontics) is needed when the blood or nerve supply of the tooth (known as the pulp) is infected through decay or injury.

If the pulp becomes infected, the infection may spread through the root canal system of the tooth. This may eventually lead to an abscess. Root treatment is a way of saving infected teeth which in the past may have needed to be removed, causing unsightly gaps in the mouth. We use state-of-the-art technology to ensure optimal results, increasing the life span of teeth which years ago would have been extracted.

Bridges

Bridges are an effective way in filling gaps between teeth. If you have missing teeth and do not wish to have dentures or implants then bridges are the choice for you.

Bridges are false teeth, that are anchored to neighbouring teeth to 'bridge the gap'. Because they are made of porcelain, they look like natural teeth and they are also fixed in place, unlike dentures, so you will probably forget they are even there!

Implants

A dental implant is a small titanium screw which is gently placed into the jawbone, to act as a replacement root. The implant serves as a base for a custom made tooth crown that will be attached to it, and used to support either one or more false teeth. Dental implants are now replacing dentures and bridges for treatment of missing teeth, allowing everyone to have their smile back.

Hygienist

Preventive dentistry is the modern way of reducing the amount of dental treatment needed to keep a healthy mouth. The joint efforts of the dentist, hygienist and the patient can help prevent the need for treatment.

A dental hygienist's main role is to professionally clean the teeth for the patient commonly known as scaling and polishing, however the most important aspect is showing the patient how to keep their teeth free of plaque. Following a hygiene visit your teeth will feel ultra clean and look brighter. For those with heavy staining who need a little extra help, our AIR-FLOW, high jet polishing system, gives outstanding results.

Periodontal Treatment

Periodontal disease affects the gums, bone and supporting structures of the teeth and is a major causing factor of premature tooth loss. In essence, these supporting structures are gradually destroyed over time, therefore robbing the teeth of their foundations, causing them to loosen and eventually fall out. Our in-house periodontist achieves excellent results in treating this common problem and treats not only our existing patients but also patients from other dental practices in the area.



payment plans

0% finance is available for many dental procedures allowing the cost of your treatment to be paid for over 6-12 months.

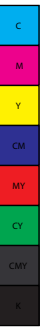
We are delighted to offer Denplan care, and Denplan essentials. Details are available during your visit to Claremont Dental Practice.

Denplan is the UK's leading dental payment plan specialist. With Denplan care and essentials you have an easy way to budget for the costs of maintaining our dental health. Affordable monthly payments entitle you to routine examinations, x-rays and hygiene treatment and differing levels of treatment depending on which scheme you take up. Both include supplementary insurance and Denplan's insurance services.

Naturally we accept cash and personal cheques.

A comprehensive treatment plan detailing costs and procedures will be given for each course of treatment.

We accept all major credit cards.



your dentist - **Dr Robert Telfer** BDS LDS RCS(Eng)

I qualified from the World famous Guys dental school in 1989 with Honors, and was invited to Claremont Dental practice by my clinical director from Guys of which I subsequently have been a partner for the last 12 years.

The 17 years that I have been in practice gives me a great deal of experience in many areas of dentistry and I have had the great pleasure to be invited by the London Deanery to train new dentists.

Through continued training in both the UK and America I am able to offer my patients the very latest and progressive techniques in aesthetic dentistry. Naturally my commitment to aesthetic dentistry allows me to be a member of the American academy of cosmetic dentistry, this is an internationally recognized authority dedicated to the advancement of cosmetic and aesthetic dentistry.

I live in Clapham with my wife, Alison and our two small children, Barnaby and Beatrice. When time and Alison allows! I enjoy sailing, running and watching the occasional game of Rugby.

I look forward to seeing you in the practice soon.



find us

Our address is:

57 Crown Road,
Twickenham,
Middlesex,
TW1 3EJ

Feel free to call us on: 020 8892 4000

The map below shows where you can find us in Twickenham.



Directions

Bus routes: 110, H37, 33 & 222

Nearest railway station: St Margarets

Nearest underground station: Richmond

Parking restrictions apply and vouchers can be purchased from reception.

Opening hours

Monday	8am -7pm
Tuesday	8am -7pm
Wednesday	8am - 6pm
Thursday	8am - 7pm
Friday	8am - 6pm
Saturday	9am - 1pm



a warm welcome

We have been established since 1981 and our aim has always been to provide the highest standard of care for our patients. We offer a wide range of treatments, from family dental care, to state of the art cosmetic treatments. In order to maintain our renowned quality, we only use the most proven, modern materials on the market today. In addition we only work with UK based dental laboratories which maintain excellent levels of service and produce work which meets our strict criteria.

We aim to provide a friendly, comfortable, calm and clean environment for our patients, be it your first or one hundredth visit with us!

57 Crown Road, Twickenham, Middlesex, TW1 3EJ

Tel: 020 8892 4000

Web: www.claremontdentalpractice.co.uk



your dentist - **Dr Kirit Johal** BDS (Guy's Kings & St. Thomas' Institute, London)

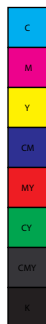
My name is Dr Kirit Johal and I am a partner at Claremont Dental Practice, having qualified from Guy's Hospital, London, in 2002. There, I trained under some of the leading consultants in the UK and Europe who are recognised globally throughout the profession.



I have many interests in dentistry, including tooth whitening, crowns and bridges and dental veneers. Also, I am keen to promote 'Amalgam-Free Dentistry', aiming to use alternative materials to Mercury-containing amalgam, for example white filling composite. My ethos is on modern state-of-the-art techniques, offering a high quality, caring and gentle service to all patients at the practice. I am also a certified Invisalign provider, an innovative way to straighten teeth without the use of metal braces and wires, allowing our patients to have near invisible orthodontic treatment.

Over the years I have been keen to keep my knowledge as up-to-date as possible, regularly attending dental conferences, both nationally and internationally. I have been fortunate enough to attend conferences in the US, Canada and Egypt, as well as those held by the British Dental association in the UK. I also try to go back to Guy's Hospital whenever I can in order to keep in touch with the university consultants and my former colleagues. I am a member of the British Society For Restorative Dentistry and also the British Dental Association, both of which allow me to keep in touch with new developments within the profession and allow me to treat my patients with up-to-the-minute techniques and materials.

When I am not concentrating on teeth, I enjoy spending my time keeping active by playing five-a-side football once a week and I am an avid supporter of Liverpool football club.



your dentist - **Dr Aman Puri** BDS (Guy's Kings & St.Thomas` Institute, London)

I am a partner at Claremont Dental, and have been here since 2001. I qualified at Guy's Hospital, London achieving Honours in Restorative Dentistry, Oral Surgery, Oral Medicine, Oral Therapeutics, and Radiology. On qualification I also achieved the Proxime Assist for the Gold Medal Prize for all London Dental Schools. I enjoy all aspects of dentistry, but my particular clinical interests include Cosmetic Treatment and Dental Implants.

I pride myself on providing highly professional clinical care within a relaxed environment.

I have always had a passion for keeping up with the latest advances in dentistry and within my time in practice I have avidly kept up with postgraduate education to ensure patients continue to get the best possible care. The numerous courses I have completed include:

A program of study on Comprehensive Restorative Dentistry and Occlusion at the world renowned Pankey Institute, in Key Biscane, Florida. (www.Pankey.org/). This has enabled me to undertake more complex cases and provide more comprehensive patient care.

I have also completed the Society for Advancement for Anaesthesia in Dentistry's course in conscious sedation.

Furthermore, I have also gained a Postgraduate Certificate in Implantology with Warwick University (G.I.F.T) and completed a surgical training program with Prof Hilt Tatum, one of the pioneers of dental implant surgery at The Tatum Institute in Birmingham. This has enabled patients to benefit from this exciting modern treatment.

I am also a member of the Association of Dental Implantology ADI (UK).

In my spare time I enjoy going to the gym, the occasional round of golf, and following the efforts of Arsenal Football Club.

